

NEWFOUNDLAND
& LABRADOR
OCCUPATIONAL
HEALTH & SAFETY
ASSOCIATION

Conference 2016



Newfoundland & Labrador
Occupational Health & Safety
Association



NLOHSA

NEWFOUNDLAND AND LABRADOR
OCCUPATIONAL HEALTH & SAFETY ASSOCIATION

CELEBRATING 60 YEARS

Right Choice Right Reason

Conference Agenda

NLOHSA's 60th Annual Conference Right Choice...Right Reason

Wednesday, May 18 to Fri, May 20, 2016
Gander Community Centre / Arts & Culture Centre

DAY 1 - Wednesday, May 18, 2016 (Plenary Session - Main Theater)

10:00 - 12:45 Registration

1:00 - 1:30 Safety Moment

Welcome Address

Mayor Claude Elliott, Town of Gander

Official Opening

Honorable Eddie Joyce, Minister of Services NL

Introduction of the Board of Directors

Joseph Lake, President N.L.O.H.S.A

President's Report

Joseph Lake, President N.L.O.H.S.A

1:30 - 2:45 Keynote Address Leadership in Tough Times

Rick Hillier

Through the stories of the men and women who represent our country around the world, supported by their families, and doing the toughest jobs imaginable, Hillier illustrates how at its core, leadership is about people. This presentation is both funny and moving. Hillier uses stunning and poignant visuals of our troops "in action" to demonstrate how leaders are made, not born, and this presentation is certain to resonate with a wide spectrum of audiences.

2:45 - 3:30 The Psychology of Making Safety Decisions Jim Keating, Nalcor

Our own cognitive processes may be our biggest threat. We overeat, even though we know it's bad for us and we drive too fast, even though we know it could kill us. However, this doesn't mean we have no intention to change. It's just hard to do. Safety investigations often stop at identifying a causal behaviour without probing the underlying drivers. Changing our behaviour requires us to understand the workings of the brain and design solutions that take basic human instincts, flaws and habits into consideration. During Jim's presentation he will take you through the concept of 'nudging' and how 'nudging' can influence behaviour.



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3:30 - 4:00 NLOHSA - Annual General Meeting [Art Gallery]

1. Review Minutes 2015 AGM
2. Business arising
3. New business
4. Report of nomination committee
5. Election of officers
6. Adjournment

4:00 - 5:00 Exhibitors' Wine & Cheese Reception [Community Centre] Delegates are invited to visit the exhibitors' booths

7:00 Greet & Grub

Hotel Gander, Salon A
Pub Night – Entertainment by: LandLocked

DAY 2 - Thursday, May 19, 2016 [Plenary & Concurrent Sessions]

9:00 – 9:10 Safety Moment, Announcements & Door Prizes

9:10 – 10:00 Relieving Work Related Stress with Humor [Main Theater] **Judy Croon, Motivational Speaker**

This hilarious and inspirational session explores seven stress-relieving ingredients: a positive attitude, perseverance, forgiveness, teamwork, family and friends, mental activity and physical activity.

10:00 – 10:25 Coffee & Viewing of Exhibits

10:30 - 11:15 Hazard Assessment & Control in Your Workplace [Main Theater] Thushara Jayasooriya, CCOHS

This presentation will encompass all necessary points to help people establish a Hazard Assessment protocol/program and will outline relevant examples.

10:30 – 11:15 Traffic Control [Art Gallery] Jim Thorne, Dept. of Transportation & Works

This presentation will encompass all necessary steps to provide safe and consistent methods of traffic control in work zones along roadways in the province of Newfoundland and Labrador.



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11:15 – 12:00 **Mental Health First Aid**
[Main Theater] Steve Tizzard, Crosbie Group

Mental Health First Aid (MHFA) is the help provided to a person developing a mental health problem or experiencing a mental health crisis. Steve Tizzard will take us through some of the issues and statistics around mental health and the journey into mental health first Aid.

12:00 - 1:15 **Lunch**
Served in the Exhibitors' Area

1:20 - 1:45 **The Missing Steps**
[Main Theater] Kurtis Ferguson

While working for a small construction company Kurt was involved in a serious, life-threatening accident. He will walk you through, what was probably the worst day of his life, and also discuss ways to prevent future accidents, like his, from occurring.

1:45 – 2:30 **Keeping it Real**
[Main Theater] Rick Donato, Major's Logging Limited

In times of increasing requirements of policies, procedures, safe work practices, inspections and audits – keeping our Safety Systems REAL can be a challenge. A safety program with real integrity needs to be practical and doable. We need to ensure that our program doesn't just "look good on paper", but that we can actually comply with the legislation and our policies in our day to day to keep our workers safe.

2:30 – 2:55 **Coffee and Viewing of Exhibits**

3:00 – 3:45 **Safety Now & Safety Then**
[Main Theater] Wilf Curran, Pyramid Construction

Having been involved in the construction industry for almost 40 years, Wilf's presentation will discuss how safety has evolved through the years. He will illustrate through personal experience how it was back then and how far we have come.

3:00 – 3:45 **The Evolution of Fall Protection**
[Art Gallery] Colin LeGrow, Technical Rope & Rescue Inc.

Colin LeGrow will outline the evolution of fall protection systems. He will look at where we started to where we are today followed by an examination of the challenges and potential solutions that lay ahead.

6:30 - 7:00 **Reception - Cash Bar**
[Hotel Gander]



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7:00 NLOHSA Annual Dinner
[Hotel Gander] After Dinner Entertainment: Judy Croon

DAY 3 - Friday, May 20, 2016 **[Plenary Sessions]**

9:00 - 9:10 Safety Moment

9:10 - 10:10 High Voltage – A Personal Journey
Curtis Weber, Curtis Weber Consulting

Bringing a tragic, life-changing, and near fatal experience full circle, this presentation will leave all in attendance motivated and inspired.

10:10 - 10:25 Coffee

10:30 - 11:15 Young, New and Aging Worker Safety
Kelly Taylor, WorkplaceNL

Industrial hygiene: Newfoundland and Labrador has dealt with many occupational hygiene issues over the years. We've made progress in protecting workers since the early mining days, but there are still improvements to be accomplished!

11:15 - 12:00 Human Factors
Ryan Piercey, North Atlantic Refinery

The presentation will provide a brief overview of human factors/ ergonomics, then discuss its immersion into the workplace; coming from a sometimes ignored and underestimated hazard to a urgent matter of worker health and safety and finally examine what the role of the safety professional is in managing human factor/ergonomic issues.

12:00 Closing Remarks & Door Prize Draw
John Curran, Conference Chair



Conference Notices

Main Door Prize

Will be drawn at the conference closing on Friday, May 20, 2016. Winner must be a Registered Delegate and in attendance to claim.

Know Your Numbers

Wellness Clinic, Medical Personnel will be present on Thursday, May 19 and will be conducting a wellness clinic.

SCENT FREE EVENT



Time Capsule

Be Part of the Future

The 2016 conference will be celebrating NLOHSA's 60th year. As part of the conference we will have a time capsule to capture present day health and safety to show and compare in 15 years.

The capsule will be opened at our 75th conference. NLOHSA will ensure the capsule will be held in a secure location until it is time for the reveal.

We are providing an opportunity for all delegates, exhibitors and speakers to contribute.

Items will be collected during the conference on Wednesday and Thursday and can be dropped at the NLOHSA booth. The capsule will be sealed at the Banquet on Thursday night.

To ensure the privacy of submitting companies and groups, NLOHSA will review all submissions before the capsule is sealed.

Have fun, be creative and participate.

Details:

- The item must be either a document, CD, Flash Drive or safety related article/item no bigger than 6 inches square.
- Only one submission per company or class.
- Must be health and safety related.
- To ensure the privacy of submitting companies and groups, NLOHSA will review all submissions before the capsule is sealed.
- Some suggestions/examples:
 - Copy of recent OH&S committee minutes
 - Internal safety memo or News Letter
 - Present day local or national safety article.
 - Magazine/Catalogue
 - Price list of safety training or equipment
 - Safety awards or achievements (personal or company)
 - Safety conference agenda (Not NLOHSA)
 - Present day OH&S safety program
 - Company OH&S stats
 - Photos - safety committee, awards, equipment, milestone, OH&S class photo, etc.
 - Sample of product packaging
 - Health and Safety Advertising
 - Audio message to the future
 - Write a health and safety message to the future
 - PPE
 - Safety Equipment



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