

NEWFOUNDLAND
& LABRADOR
OCCUPATIONAL
HEALTH & SAFETY
ASSOCIATION

Conference 2018





The Evolution of Health & Safety

Conference Agenda

NLOHSA's 62th Annual Conference & Trade Show The Evolution of Health & Safety

Day 1 - Wed. May 16, 2018 Plenary Session - Main Theater

10:00 - 12:45 Registration

1:00 - 1:30 Official Opening

To include President's Annual Report

1:30 - 2:30 Keynote Address "Emerging Trends" - in Health and Safety Mike Wahl, Medisys Health Group

Employers today face complex challenges that impact the health and well-being of our workers. These include factors such as the remote nature of our working environments, shift work and fatigue, mental health challenges, rising rates of obesity - stemming from poor lifestyle, shifts in the age demographics of workforces and a rise in automation leading to sedentary jobs. These factors may predispose workers to becoming susceptible to long term disability, injury or incident.

This presentation will highlight case studies and novel doctoral scientific research, from industry, illustrating novel approaches and new trends in mitigating health risk that employers can incorporate into their health and safety systems to reduce the risk of illness and injury and their associated costs to organizations both financially and operationally. This presentation will educate delegates on the risks that exist related to worker health, what they can do to mitigate these risk as well as direct them to academically validated best practices that they can employ within their organizations.

2:30 NLOHSA - Annual General Meeting

- 1. Review Minutes 2017 AGM
- 2. Business arising
- 3. New business
- 4. Report of nomination committee
- 5. Election of officers
- 6. Adjournment

3:00 - 4:30 Exhibitors' Wine & Cheese Reception Community Centre

Delegates are invited to visit the exhibitors' booths.

7:30 Networking Social Quality Hotel, Salon A

Day 2 - Thurs. May 17, 2018 Plenary & Concurrent Sessions

9:00 - 9:10 Safety Moment, Announcements & Door Prizes

9:10 - 10:00 Addressing Impairment in the Workplace Jan Chappel, CCOHS (Main Theater)

With the sale and use of recreational cannabis set to become legal in Canada by July 1, 2018, there are questions about how this could potentially impact the workplace. This session will provide workplaces with an opportunity to focus on the issue of impairment, using cannabis as an example. Participants will gain tips, key steps, and insights, on how organizations can prepare programmatically for potential challenges and impacts the new legislation may have on workplace safety. The session will host interactive discussions and exercises. and will offer tips on how to recognize and deal with impairment at work, as well as steps to take toward education for supervisors and employees. Participants will gain insight into how clear guidance can be provided to all parties. They can also expect to learn how impairment impacts on creating or maintaining a healthy workplace.

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10:00 - 10:25 Coffee & Viewing of Exhibits

10:30 - 11:15 Building a Mentally Healthy Workplace from Design, Implementation, Education and Lessons Learned Steve Tizzard, All the Best Consulting (Main Theater)

Steve will take you on a journey to the Hibernia Platform, where in the past 4 years it has gone from a typical industry workplace, to an actively caring facility, giving Mental Health an equal seat at the safety table.

10:30 - 11:15 Safety Leadership and Accountability Duncan Kerr, Consultant (Art Gallery)

This presentation will deal with the evolution in thinking for the ownership for safety, and the rationale behind the conclusion that ownership for safety performance belongs with the line operations groups, as opposed to Safety Specialists and the Safety Department. The critical contributions of Safety Specialists and OHS Committees towards line ownership and safety performance will also be discussed.

11:20 – 12:05 Impact Speaker Joe Legge, Threads of Life (Main Theater)

Joe sustained severe burns while working at a steel plant in 1977. He was in his 20s, playing sports and studying for a business degree in his spare time. As he was helping to change a valve on a gas pipe line, an explosion occurred. With burns to 65 per cent of his body, Joe survived, and bravely faced his recovery. He talks about the lifelong impact his injury has had on him and on his family.

12:05 - 1:15 Lunch Served in the Exhibitors' Area

1:20 - 2:15 Respiratory Protection/Demo Fit Test Niki Davis, Davis Industrial Hygiene (Main Theater)

This presentation will outline the components of a respiratory program and will detail the selection process – how to determine the appropriate respirator.

2:15 - 3:00 Emergency Preparedness

Paul Peddle, Association of Municipalities (Main Theater)

With the number of tremendously impactful weather events in Newfoundland and Labrador over the last few years from a health and safety perspective we wanted to engage a speaker with a view of seeing if there was anything we could do to better prepare for these events. We reached out to Fire and Emergency Services (FES), Municipal Affairs and Environment. Much of what FES does is related to community health and safety however this information is easily transferable to health and safety in companies as well. The four pillars of emergency management – mitigation/prevention, preparedness, response and recovery do align with the foundational piece of health and safety programs.

FES will touch on Emergency Management during a crisis, setting up an Emergency Operations Center to manage a crisis, and the importance of sharing situational awareness during a crisis.

3:00 – 3:25 Coffee and Viewing of Exhibits

3:30 – 4:30 Early and Safe Return to Work

Kathryn Keough, WorkplaceNL, Katrina Hynes, CNA Jennifer Bouzane, FIT For Work (Main Theatre)

Preventing injuries at work is everyone's responsibility. However, when a workplace injury occurs, it is important for employers and workers to facilitate recovery at work so the injured worker can return to safe and productive work as soon as it is medically possible. This panel explores the practical side of how the employer, health care providers and WorkplaceNL assist the injured worker with facilitating recovery at work.

6:30 - 7:00 Reception - Cash Bar (Quality Hotel)

7:00 NLOHSA Annual Dinner (Quality Hotel)

After Dinner Entertainment: Steve Coombs Dance to follow, music by: Martin Coady

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Day 3 - Fri. May 18, 2018 Plenary Session - Main Theater

9:00 - 9:10 Safety Moment

9:10 - 9:45 Impact Speaker Crystal Kater

Crystal is passionate about educating the public about Mental Health Illnesses and the stigma often attached to it. Crystal has been dealing with her own mental health illness for many years and by sharing her story, hopes to help reduce the stigma and preconceived notions surrounding her diagnosis and other mental health illnesses. Crystal believes that if she can help one person on their own mental health journey and encourage empathy from others who do not understand the illness, it is worth sharing her story.

9:45 - 10:00 Coffee

10:05 - 10:45 Violence in the Workplace

Lisa Kavanagh, WorkplaceNL Cst. Shawn Dyke, RCMP

Everyone has the right to work in a safe, healthy workplace. Yet, assaults and violent acts at work are increasing in Newfoundland and Labrador. Planning, education and worker training are critical to preventing violent incidents. This session will discuss the violence risk assessment process. A member of the Royal Canadian Mounted Police will also be on hand to discuss armed robberies and ways to reduce your risk.

10:45 - 11:30 Asbestos Mark Genge, Belfor

This session will deal with how the changes in products analyzed for asbestos content affected the necessity of controlled abatement procedures from Commercial to Residential and how awareness in

the Construction industry has changed in the past 25 years. The evolution of infection control procedures in Health Care Facilities will also be discussed.

11:30 Closing Remarks & Door Prize Draw Kevin Fisher, Conference Chair

Main Door Prize

Will be drawn at the conference closing on Friday, May 18, 2018. Winner must be a Registered Delegate and in attendance to claim.

Wellness Clinic

Personnel will be present on Thursday, May 17 and will be conducting a wellness clinic.

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