

# Agenda

63<sup>rd</sup>

Annual Safety Conference  
and Trade Show



**NLOSHA**

Newfoundland and Labrador  
Occupational Health & Safety Association



## KEYNOTE SPEAKER



### Chief Joe Boland, Royal Newfoundland Constabulary

Chief Boland currently serves on the Mental Health and Addictions Advisory Board, Eastern Health Police Liaison Committee, Occupational Health and Safety Committee, Mental Health Mobile Crisis Response Team Implementation Committee and is a member of the Provincial Steering Committee on Violence Against Women and Girls. Joe resides in St. John's with his wife, JoAnn, and their two children, Tyler and Jennifer.

# AGENDA - DAY 1

Wednesday, May 15, 2019

## Registration

10:00am – 12:45pm

Gander Community Center /  
Arts & Culture Center

## Official Opening

Plenary Session (Main Theater)

1:00pm – 1:30pm

To include President's Annual Report

## Keynote Address

1:30pm – 2:30pm

Joe Boland, RNC



The landscape of OHS investigations is changing with the RNC taking a lead role from a criminal perspective in serious OHS incidents. Chief Boland indicated in the media the days of seizing the scene to be turned over to Service NL may not always be the case going forward and Chief Boland will be giving us some indication of what that will look like.

# NLOHSA - Annual General Meeting

2:30pm

1. Review Minutes 2018 AGM
2. Business arising
3. New business
4. Report of nomination committee
5. Election of officers
6. Adjournment

## Exhibitors' Wine & Cheese Reception (Community Centre)

3:00pm – 4:00pm

Delegates are invited to visit the exhibitors' booths.

## Networking Social

Quality Hotel, Salon A

7:30pm – 9:30pm

# AGENDA - DAY 2

Thursday, May 16, 2019

Plenary and Concurrent Sessions

## Safety Moment, Announcements & Door Prizes

(Main Theater)

9:00am – 9:10am

## Impact Speaker

(Main Theater)

**9:10am – 10:00am**

### **Lori Chaffey**

In March 2012, Lori Chaffey was working as a nurse at a medical clinic in De Grau on Newfoundland's Port au Port Peninsula. It was there she witnessed the murder-suicide of her co-worker who was shot by her estranged husband. Lori will tell her story on her return to work, the need for workplace legislation regarding domestic violence and the health and safety risks for nurses.

## Coffee & Viewing of Exhibits

**10:00am – 10:25am**

## Psychological Health and Safety: An Emerging Trend

(Main Theater)

**10:30am – 11:15am**

### **Tracy Lewis, NL Liquor Corporation Cathy Barrett-Brinston, WorkplaceNL**

This session will cover how panel participants engaged staff to change the way they think about, act towards and support mental health to help build a greater understanding and empathy towards those facing a mental health problem and/or mental illness and how you can do the same.

## Occupational Illness (MSI)

(Art Gallery)

**10:30am – 11:15am**

### **Power Conditioning Inc.**

Some of the tasks we perform at work such as lifting, reaching and repeating the same movements can strain our bodies and result in injuries to our muscles, tendons, ligaments and joints. Ryan will give an overview on the detection and prevention of MSI's and provide insight in how strengthening our bodies through proper diet and exercise can help our bodies cope with the work we put it through.

## CVIS / Safe Choices

(Main Theater)

**10:30am – 11:15am**

### **Kerry Philpott**

Kerry spent 4 years working on the Bull Arm site for KKC. During this time he was instrumental in the development and success of the Craft Voice in Safety Program. CVIS was significantly impactful at the Bull Arm site, providing workers with a voice in their own safety. Kerry will walk us through the conception, struggles and acceptance of the program. The concept of worker engagement in their own safety is an effective tool that we can all use to get our men and women home safely to their families.

## LUNCH - DAY 2

**Served in the Exhibitors' Area**

**12:05am – 1:15pm**

## Confined Space

(Main Theatre)

**1:20pm – 2:15pm**

### **Molson-Coors Rescue Team**

Confined Spaces can present significant challenges to employers ranging from the number of spaces, size of spaces and training for spaces. Rescuing an employee that has gone down in a space is undeniably the biggest challenge that an employer will face. After relying on the services of the local Fire Department for the last number of years, Molson-Coors now has their own Confined Space Rescue Team.

This session will cover how the team started from putting together an inventory of spaces up to where they are now practicing mock rescues from spaces.

## Safety Leadership: Advancing a Strong Safety Culture

(Main Theatre)

**2:15pm – 3:15pm**

### **Denis Hogan, WorkplaceNL Loyola Power, Service NL, OHS Division Dave Diamond, Eastern Health**

A strong safety culture requires that everyone take responsibility – and be accountable – for workplace health and safety. Recently, WorkplaceNL and OHS Division, Service NL, launched a five-year workplace injury prevention strategy: Advancing a Strong Safety Culture in Newfoundland and Labrador.

It calls upon workers, supervisors, employers, OHS Committee members, safety associations

and other partners to be safety leaders in our workplaces and communities. To do so, some workplaces, including Eastern Health, are making the health and well-being of their staff a strategic priority. The panel will share more about the provincial workplace injury prevention priorities, and their experience in influencing excellence and accountability to improve safety in workplaces in our province.

## Coffee and Viewing of Exhibits

**3:15pm – 3:40pm**

## Hearing Conservation

(Main Theater)

**3:45pm – 4:30pm**

### **Alison Butler, Canadian Hard of Hearing Association**

This presentation will discuss how exposure to noise affects many aspects of personal health and wellness including hearing loss, mental and physical health, some common myths employees have around hearing loss and noise and how those involved in health and safety roles can provide better hearing conservation leadership and education in their organizations.

## Post-Traumatic Stress Disorder

(Art Gallery)

**3:45pm – 4:30pm**

### **Sergeant Steve Knight, Royal Newfoundland Constabulary**

Sgt. Knight will be speaking on some of the practices and techniques the RNC uses to prepare officers for stressful situations. Some of these techniques can be used by anyone involved in stressful situations to mitigate PTSD.

## Reception - Cash Bar

(Quality Hotel)

**6:30pm**

## NLOHSA Annual Dinner

(Quality Hotel)

**7:00pm**

**After Dinner Entertainment:**

**John Sheehan**

**Dance, Music by: Martin Coady**

## AGENDA - DAY 3

**Friday, May 17, 2019**

Plenary Session (Main Theater)

### Safety Moment

**9:00am – 9:10am**

### Impact Speaker

**9:10am – 9:45pm**

**Darren Halleran**

On June 14, 2001, Darren was working offshore Newfoundland when a high pressure hose released 7700psi onto Darren's head and arm. Darren will tell his story of that fateful day, lessons learned and his continued recovery today.

### Coffee

**9:45am – 10:00am**

## Young Worker Safety

**10:05am – 10:45am**

**Joe Santos, O'Donel High School**

This presentation will discuss how young workers are being prepared for the workforce through their introduction to Occupational Health and Safety. The OHS 3203 course is specifically designed to introduce students to OHS principles as they prepare to enter the workplace. Students learn the required problem-solving and decision making skills with regard to their own occupational health and safety as well as that of others. In addition, he will also discuss the O'Donel First Responder Team - a team that is unique to our province in that a group of students respond to every medical emergency that occurs in the school.

### OHS Investigations

**10:45am – 11:30am**

**Kelly Porter, Service NL, OHS Division**

The purpose of the presentation will be to give an overview of accident/incident investigations from the OHS regulator perspective.

### Closing Remarks & Door Prize Draw:

**11:30am**

**Charmaine Bungay, Conference Chair**

Main Door Prize will be drawn at the conference closing on Friday, May 17, 2019. Winner must be a Registered Delegate and in attendance to claim.

